**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Pool Location: First Christian Church (FCC) 1130 N Main Street Kernersville**

Please enter through the front entrance, use the stairs to the right or elevator directly to your left down to the basement. Follow signs for the pool. There is a woman and men’s locker room in the hallway across from the pool. For security reasons, the pool door needs to remain locked and should not be used for entering or exiting the pool area.

**Propel Pool Sessions:** Monday 2:20pm until 5pm and Wednesday 10am to 5pm**.** All appointments are scheduled for 40 minutes in length, but may vary if the child is fatigued or the PT has additional time.

Summer is a busy time of year for our families and our therapists. Please notify Cass Murphy as soon as you know you will need to miss an appointment. We have a waitlist that will allow another child the ability to participate and the sooner we know the easier it is to fill the spot. Do not worry, once assigned a regular time slot you will not lose it if you notify us of the need to miss an appointment. Frequent missed appointments, however, without notification will result in the child losing a weekly scheduled session.

**Owner of Propel and Aquatic Therapist:** Lara Ring: 336-404-1684

**Pool Scheduler and Aquatic Therapist:** Cass Murphy: 203-668-7252

**Aquatic Therapist: you may call your pool therapist or Cass for any changes to your schedule.**

**Traci:** 336-473-2745

**Jessie:** 704-868-6839

**Crystal:** 714-222-0298

**Genevieve:** 336-399-4298

Please note that your child will change therapists from week to week. This is done for many reasons, but we find that the children often get the most benefit from their aquatic sessions when they are challenged with different therapists and routines. Please speak with Lara Ring directly if you have any problems with the therapist that your child is working with or if the changes seem to disrupt your child’s progress.

**A few things you need to know:**

**FCC pool:**

-***The pool is set at 84 degrees.***  Please have kids wear proper swimsuits; boys and girls may want a swim shirt to help with the colder water. Kids have been also wearing long pants to help with the temperature. Girls/Parents- No two-piece bathing suits allowed in this pool- this is a FCC policy.

***-Kids needs to be in swim diapers; if they wear diapers on land, they need a swim diaper***. We always have extra swim diapers at the pool if you forget one so please do not have them wear a regular diaper in the pool (it makes for uncomfortable swimming).

-***Parents and siblings are welcome to use the pool but there will be a $1 charge per extra person***. If the parent is attending the session for ideas or to help there will be no charge- but if you are watching other siblings or swimming yourself there will be a charge. A payment box will be present poolside to make payments.

**- *Parents are not to leave the pool area for any reason (except run to the bathroom*);** parents may not run out to do an errand. Parents and siblings should not be walking around the building unless they have a gym membership. If you are a member of the gym and are going to work out during the time of therapy, a cell phone must be on you in case we need to reach you. If you are interested in becoming a member there is a monthly fee that can be discussed with the church membership desk at the entrance. If you are not member, you and your family need to remain present in the pool area the entire time.

*-* ***Weather:*** Just a reminder, the pool closes for 30 minutes if there is thunder. Unfortunately we cannot anticipate this and sometimes the storm comes without warning. Most times it is storming in Kernersville and not another towns. We apologize for any inconvenience this may cause the kids. Please have your cell phones handy on pool days and check it before you leave the house. You will receive a text if pool is cancelled. We are in the pool so we are unable to answer our phones but we do receive text messages easier if you need to get a hold of us.

\*\*\* Please notify treating therapist if your child presents with respiratory compromise, seizures, aspiration risk, stomas, g-tubes, catheters, fractures and poor temperature regulation so that they are able to assure the safety of the child. **NG tubes, supplemental oxygen and tracheostomies and other medical devices except for G-tubes require consultation with Lara Ring prior to participation in our aquatic program since additional precautions and supports need to be put into place. \*\*\***

**\*\*\* Please do not come to the pool with pink eye, active infection, fever or diarrhea/vomiting within one week of the symptoms \*\*\*\***

**We look forward to a wonderful summer!**

**If you have any questions or concerns, please do not hesitate to call us,**

**Propel Aquatic Therapists**